Professional Standards for Graduate Teachers of Physical Education

Secondary Years 7 to 10

Why have physical education?

Physical education contributes to the curriculum by providing opportunities for students to develop knowledge and skills to lead active and healthy lifestyles. It also helps to develop personal, social, and health-related skills.

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Schools are an excellent setting to provide students with the opportunity for daily physical activity, to teach the importance of regular physical activity for health and wellbeing, and to build skills that support active lifestyles.

### Essential Elements of Effective Physical Education Teachers

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<th>Professional Knowledge</th>
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<td>Achieve an understanding of the importance of physical activity and its impact on health</td>
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1. Students have access to a variety of physical activities that they enjoy.
2. Teachers use a variety of teaching strategies to engage students.
3. Teachers value that students enjoy learning.
| Understand the importance of physical activity in health, fitness, and overall well-being.
4. Teachers can conduct appropriate lessons that cater to individual needs and promote self-efficacy.
5. Students can develop self-efficacy in their learning experiences. | 
6. Teachers use a range of teaching methods and strategies to engage students in effective learning.
7. Teachers can evaluate the effectiveness of their teaching strategies and make necessary adjustments. | 
8. Teachers can motivate and engage students through professional knowledge and practice. |

### Professional Knowledge

- **1.** Students have access to a variety of physical activities that they enjoy.
- **2.** Teachers use a variety of teaching strategies to engage students.
- **3.** Teachers value that students enjoy learning.

### Professional Practice

- **4.** Teachers can conduct appropriate lessons that cater to individual needs and promote self-efficacy.
- **5.** Students can develop self-efficacy in their learning experiences.

### Professional Engagement

- **6.** Teachers use a range of teaching methods and strategies to engage students in effective learning.
- **7.** Teachers can evaluate the effectiveness of their teaching strategies and make necessary adjustments.
- **8.** Teachers can motivate and engage students through professional knowledge and practice.